

RHINODAYS2023



FESS & Rhinoplasty International Cadaver Courses

LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



ARISTOTLE UNIVERSITY
OF THESSALONIKI
MEDICAL SCHOOL



HELLENIC
RHINOLOGIC SOCIETY
FACIAL PLASTIC SURGERY

PROGRAMME



MAY 3-6, 2023, Thessaloniki, Greece

www.rhinodays2023.frei.gr

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INFORMATION

Venue

Laboratory of Anatomy

Address: School of Medicine, Aristotle University of Thessaloniki, 54124 Thessaloniki

FESS & Rhinoplasty hands-on sessions on fresh frozen specimens

Certificate

CME Credits

The International Cadaver Courses "Thessaloniki RhinoDays 2023", Thessaloniki, Greece, 03/05/2023-06/05/2023 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME) **31 European CME credits** (ECMEC®s).

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form.

Website

<https://rhinodays2023.frei.gr/>

Contact us

rhinodays2023@frei.gr

ORGANIZERS



ARISTOTLE UNIVERSITY
OF THESSALONIKI
MEDICAL SCHOOL



HELLENIC
RHINOLOGIC SOCIETY
FACIAL PLASTIC SURGERY

P.C.O.



FREI s.a.

Congress Organiser – Virtual Events – Corp. Meetings/Events – DMC

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WELCOME LETTER

Dear colleagues and friends,

It is a great pleasure to invite you to the Thessaloniki Rhino Days on May 3-6, 2023.

In a period of 4 days we will accommodate two international courses, one in rhinoplasty (2 days) and one endoscopic sinus surgery (2 days) with national and international faculty. There is a significant discount if one chooses to do both!

The courses will be organized in co-operation with the 1st Academic ENT Department at the Aristotle University of Thessaloniki and the Hellenic Rhinologic and Facial Plastic Society and are under the auspices of the European Rhinologic Society (ERS) and the European Academy of Facial Plastic Surgery (EAFPS).

Rhinoplasty course, May 3-4, 2023

There is no doubt that the functional and aesthetic surgery of the nose is a complex operation with a difficult learning curve and will always be a challenge for every Otorhinolaryngologist, Plastic Surgeon and Maxillofacial Surgeon.

The programme is structured in such a way that participants will be able to learn the basic techniques but will be also updated on the latest more advanced techniques of rhinoplasty. Dissection on fresh frozen specimens will provide training in surgical skills for the first 20 registered participants. Video sessions, case presentations, injectables and fillers in and around the nose will be organized by and discussed with the experts.

Endoscopic sinus surgery course, May 5-6, 2023

Endoscopic Sinus Surgery (ESS) has been evolving with tremendous speed over the last three decades. As expected, the demand for training in the endoscopic techniques is continuously growing. Participants will learn and improve their skills in ESS through lectures and cadaver dissections (for the first 20 registered). In the lab, participants will familiarize themselves with different applications of powered instrumentation. All lab stations will have image guidance.

We will try to meet the training needs of all participants, by tailoring their dissection plan according to their individual needs and training level (a questionnaire will be sent before the course).

Thessaloniki is a historic, cosmopolitan and multicultural city and the weather in May usually averages 24 degrees.

Looking forward to meeting you in Thessaloniki.



Jannis Constantinidis
President of European Rhinologic Society (ERS)



Christos Georgalas
President of Hellenic Rhinologic & Facial Plastic Society (HRFPS)



Rhino Days 2023 | 3-6/05/2023 | Programme

WEDNESDAY, MAY 3

08.00-08.30	Registration	
08.30-08.40	Welcome - J. Constantinidis, C. Georgalas	
08.40-13.00	Lectures	
	<i>Moderators:</i> P. Karkos - C. Georgalas	
08.40-09.00	Applied nasal anatomy and physiology	Z. Tsinaslanidou
09.00-09.20	Preoperative evaluation and anaesthesia in rhinoplasty	E. Giotakis
09.20-09.40	Incisions and approaches	P. Karkos
09.40-10.00	Importance of nasal septum in rhinoplasty - basic steps of septoplasty	J. Wurm
10.00-10.30	Primary rhinoplasty - best candidates for beginners	E. Giotakis
10.30-11.00	COFFEE BREAK	
	<i>Moderators:</i> E. Giotakis - M. Stavrakas	
11.00-11.20	Basic steps in functional rhinoplasty	M. Stavrakas
11.20-11.40	Deviated and crooked nose - analysis and techniques	J. Wurm
11.40-12.00	How to manage the middle third after profileplasty	J. Constantinidis
12.00-12.20	Bony Dorsum Management	G. Mireas
12.20-12.40	The skin-soft tissue envelope in rhinoplasty	F. Riedel
12.40-13.00	Sutures and grafts in tip surgery when, which and how?	J. Wurm
13.00-14.00	LUNCH BREAK	
14.00-16.00	Lectures	
	<i>Moderators:</i> J. Wurm - P. Maragkoudakis	
14.00-14.20	Tip Support Techniques	G. Mireas
14.20-14.40	Dorsal alignment in rhinoplasty	F. Riedel
14.40-15.00	Crooked nose tricks with or without preservation rhinoplasty	A. Göksel
15.00-15.20	How to manage the droopy tip	J. Constantinidis
15.20-15.40	Alar base surgery - nostril repositioning	A. Göksel
15.40-16.00	Functional considerations in rhinoplasty	P. Maragkoudakis
16.00-16.30	COFFEE BREAK	



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WEDNESDAY, MAY 3

16.30-19.00	Lectures		RHINOPLASTY DAY 1
	<i>Moderators:</i>	F. Riedel - J. Constantinidis	
16.30-17.00	Limited approaches in preservation rhinoplasty	A. Göksel	
17.00-17.30	Tip refinement in rhinoplasty	F. Riedel	
17.30-18.00	Ultrasonic Piezo Rhinoplasty	G. Mireas	
18.00-18.30	My transformation from open to closed rhinoplasty	A. Göksel	
18.30-19.00	Discussion - Closing remarks		

THURSDAY, MAY 4

	Cadaver dissection in the lab		RHINOPLASTY DAY 2
08.00-14.00	Dissection Demo closed approach Rhinoplasty approaches – Droopy tip Dissection Demo open approach Preservation rhinoplasty		
14.00-15.00	LUNCH BREAK		
15.00-16.40	Lectures		
	<i>Moderators:</i>	A. Göksel, G. Mireas	
15.00-15.20	How to prevent and manage complications in rhinoplasty	J. Constantinidis	
15.20-15.40	Current management of nasal trauma	S. Triaridis	
15.40-16.00	Most useful grafts in rhinoplasty	J. Constantinidis	
16.00-16.20	Decision making for Rhino/septoplasty in severe nasal deformities in Children and Adolescents	G. Kopacheva - Barsova	
16.20-16.40	Rejecting rhinoplasty patient	E. Prokopakis	
16.45-17.30	SATELLITE SYMPOSIUM		
17.30-19.00	Interactive case presentations with videos – Revision Rhinoplasty		
	<i>Moderators:</i>	E. Prokopakis, J. Wurm	
	Participants:	All Faculty J. Wurm, F. Riedel, A. Göksel, G. Mireas, J. Constantinidis, E. Prokopakis	



Rhino Days 2023 | 3-6/05/2023 | Programme

FRIDAY, MAY 5		
08.30-10.30	Session 1	
	<i>Moderators:</i>	lordanis Konstantinidis - E. Prokopakis
08.30-09.00	Surgical anatomy of the lateral nasal wall - Basic knowledge for Endoscopic Sinus Surgery	E. Giotakis
09.00-09.30	Sinus anatomy - CT Scan - PreOp Checklist	T. Terzis
09.30-09.50	Perioperative and postoperative care in endoscopic sinus surgery	D. Terzakis
09.50-10.10	Epistaxis, ESPAL, AEA, Canthotomy/Cantholysis	P. Karkos
10.10-10.30	Endoscopic DCR step by step	lordanis Konstantinidis
10.30-11.00	COFFEE BREAK	
11.00-14.30	Session 2	
	<i>Moderators:</i>	C. Georgalas - P. Karkos
11.00-11.30	Tips & Tricks: Uncinectomy, Ethmoidectomy, Sphenoidectomy	A. Qureishi
11.30-12.00	Multiportal endoscopic assisted maxillectomy and masticatory space compartmental surgery	A. Schreiber
12.00-12.30	Endoscopic frontal sinus approaches	J. Constantinidis
12.30-13.00	Endoscopic sphenoid sinus approaches	P. Maragkoudakis
14.00-14.30	CSF leak repair - tips and tricks	C Georgalas
14.30-15.30	LUNCH BREAK	
15.30-18.30	Session 3	
	<i>Moderators:</i>	P. Maragkoudakis - T. Terzis
15.30-16.00	Use of powered instrumentation and image guidance in FESS	T. Terzis
16.00-16.30	Pterygopalatine Fossa, Vidian nerve	A. Schreiber
16.30-17.00	Infratemporal Fossa	A. Qureishi
17.00-17.30	Anterior skull base and local flaps	J. Constantinidis
17.30-18.00	Pituitary Surgery	J. Hajjiannou
18.00-18.30	Clivus & Posterior skull base	C. Georgalas



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SATURDAY, MAY 6		FESS DAY 2
08.30-15.00	<p>Cadaver dissection in the Lab</p> <p>Dissection Demo, Cold Instrumentation</p> <p>Dissection Demo, Power</p> <p>Trainees Supervision: All Faculty</p> <p>Uncinectomy, MMA, Ethmoidectomy, Sphenoidectomy</p> <p>Frontal sinus recess, Draf I-III drainage</p> <p>ESPAL, Canthotomy, Orbital Decompression</p> <p>PPF, Sphenopalatine artery, Vidian nerv</p> <p>Sphenoid sinus, Pituitary gland</p>	
15.00-16.00	LUNCH BREAK	
16.00-18.30	<p>Lectures</p> <p><i>Moderators:</i> M. Katotomichelakis - J. Constantinidis</p> <p>16.00-16.20 Revision Surgery, Finding your way without a Navigator! V. Papanikolaou</p> <p>16.20-16.40 How to avoid and manage complications G. Psychogios</p> <p>16.40-17.00 The limits of endonasal approaches: Are there any at all? K. Mantsopoulos</p> <p>17.00-17.20 Fess in children M. Katotomichelakis</p> <p>17.20-18.30 Interactive video case-demonstrations of endoscopic sinus surgery procedures All faculty</p> <p>18.30 Closing remarks - Questions</p>	



SATELLITE SYMPOSIUM

GSK Satellite Symposium

Thursday 04.05.2023

16.45 – 17.30

The evidence of clinical practice in patient management with CRSwNP upon biologic treatment

16.45-17.05 The management of a patient with CRSwNP in the era of biologic treatments

Liapi Anastasia

Director of ENT Clinic, General Hospital "G. Gennimatas"

17.05-17.25 The clinical experience after surgical operations. What's next?

Gougousis Spyridon

Director of ENT Clinic, General Hospital of Thessaloniki "Papanikolaou"

17.25-17.30 Q&A

Sponsored by **GSK**



FACULTY MEMBERS

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