

# RHINODAYS2023

## FESS & Rhinoplasty International Cadaver Courses

LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



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OF THESSALONIKI  
MEDICAL SCHOOL



HELLENIC  
RHINOLOGIC SOCIETY  
FACIAL PLASTIC SURGERY



**MAY 3-6, 2023, Thessaloniki, Greece**

[www.rhinodays2023.frei.gr](http://www.rhinodays2023.frei.gr)



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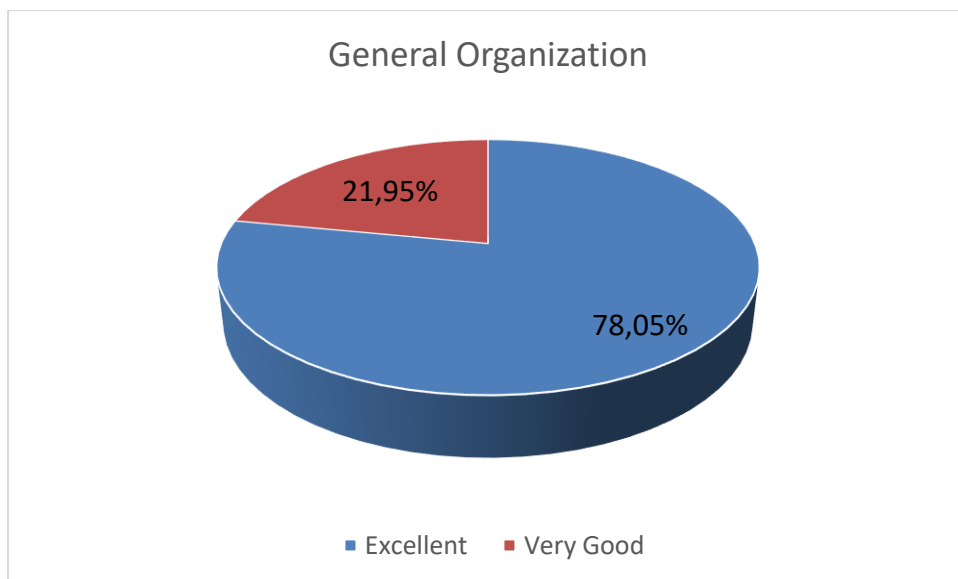


## Qualitative Results

### Evaluation

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The RhinoDays 2023 was held successfully in Thessaloniki on May 03-06, 2023. The hands-on courses, FESS & Rhinoplasty were evaluated by 41 Participants and the results are the following:



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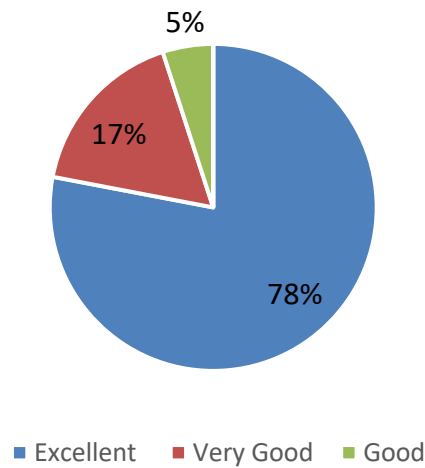
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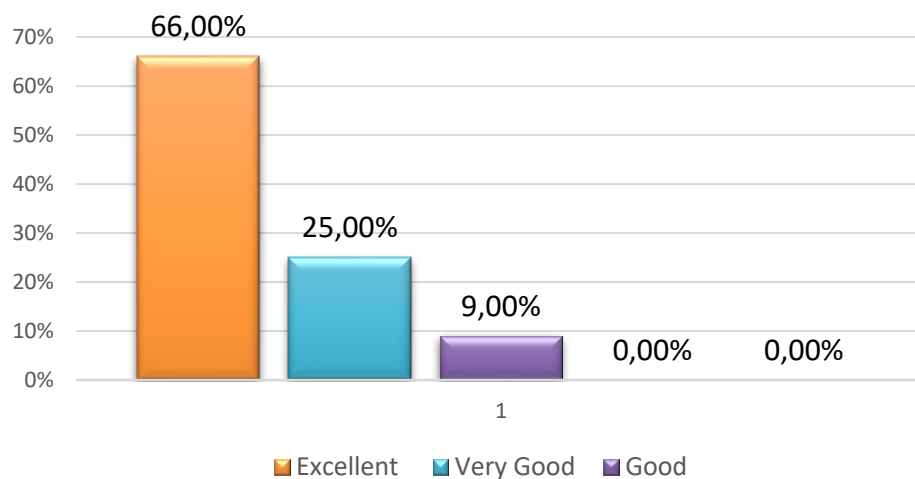
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### Pre-course information & communication



### Choice of Topics in theoretical part

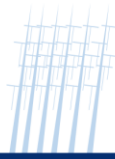




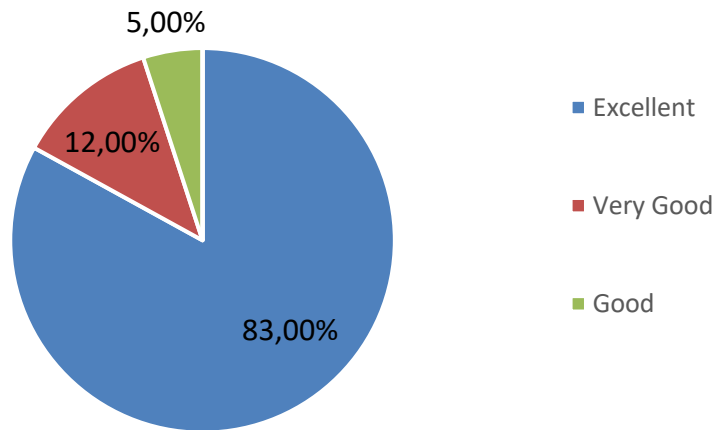
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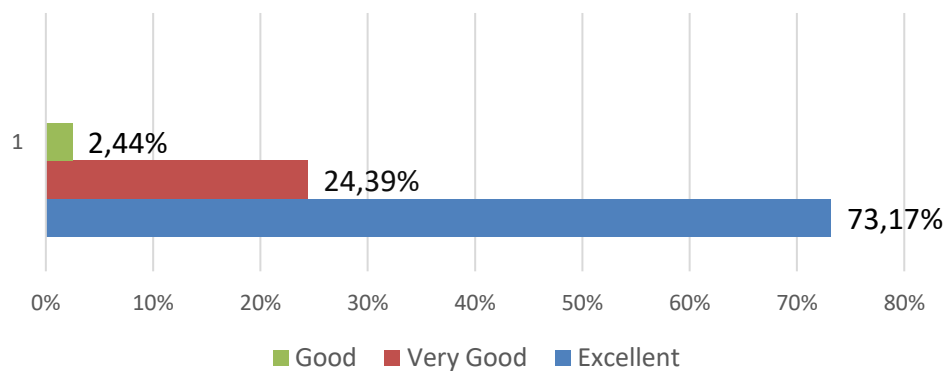
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### Scientific Level of Presentations



### Was the presented information well balanced and consistently supported by a valid scientific evidence base?:

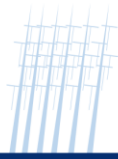




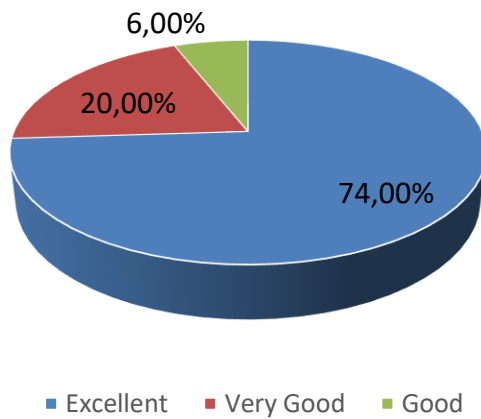
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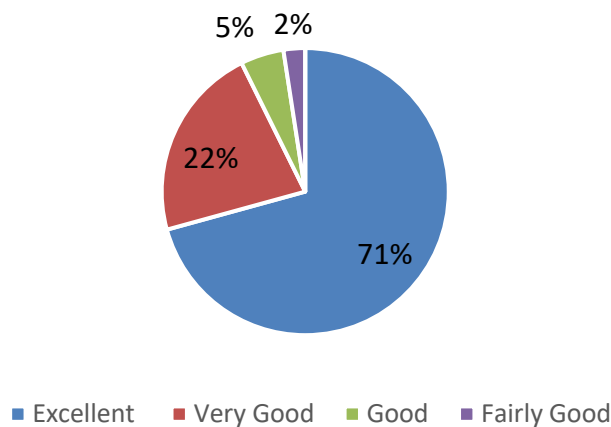
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Did the event fulfil your educational goals and expected learning outcomes



Will the information you learnt be implemented in your practice





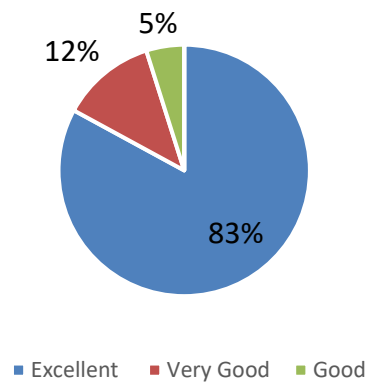
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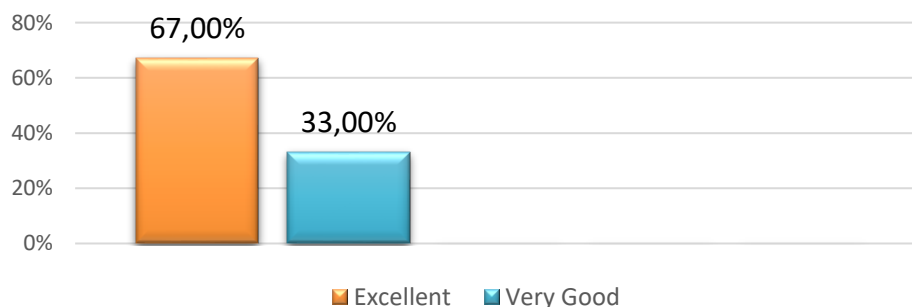
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Was there adequate time available for discussions, questions & answers and learner engagement?:



Did all the faculty members provide their potential conflict of interest declaration with the sponsor(s) as a second slide of their presentation?:



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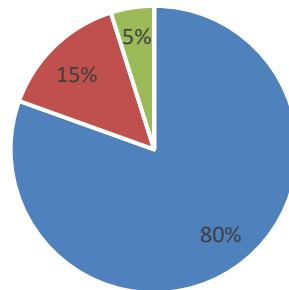
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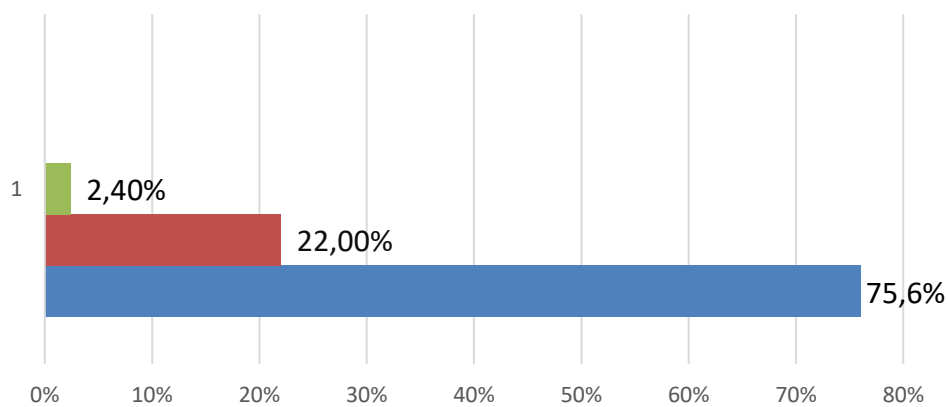


Do you agree that the information was overall free of commercial and other bias?:



■ Excellent ■ Very Good ■ Good

### Quality of specimens



■ Good ■ Very Good ■ Excellent

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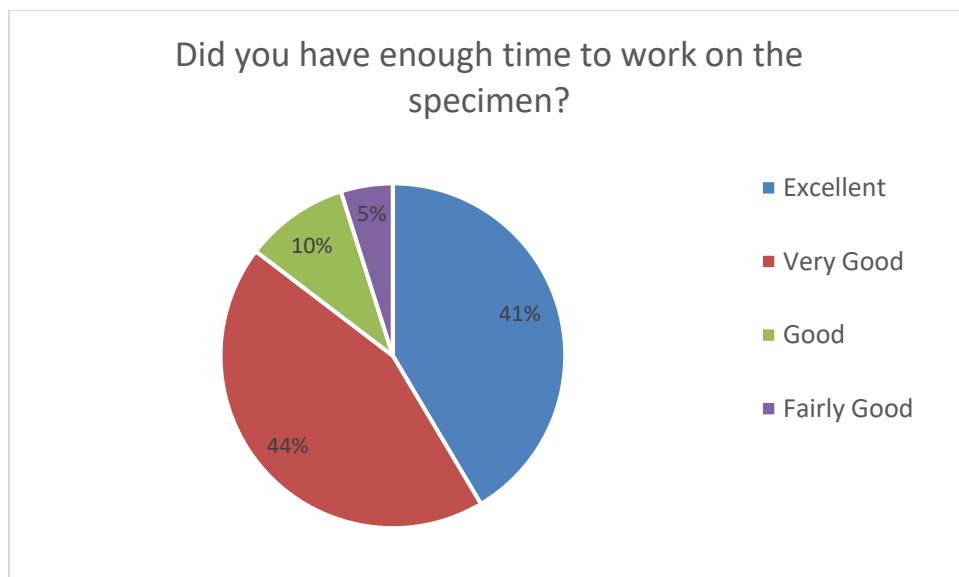
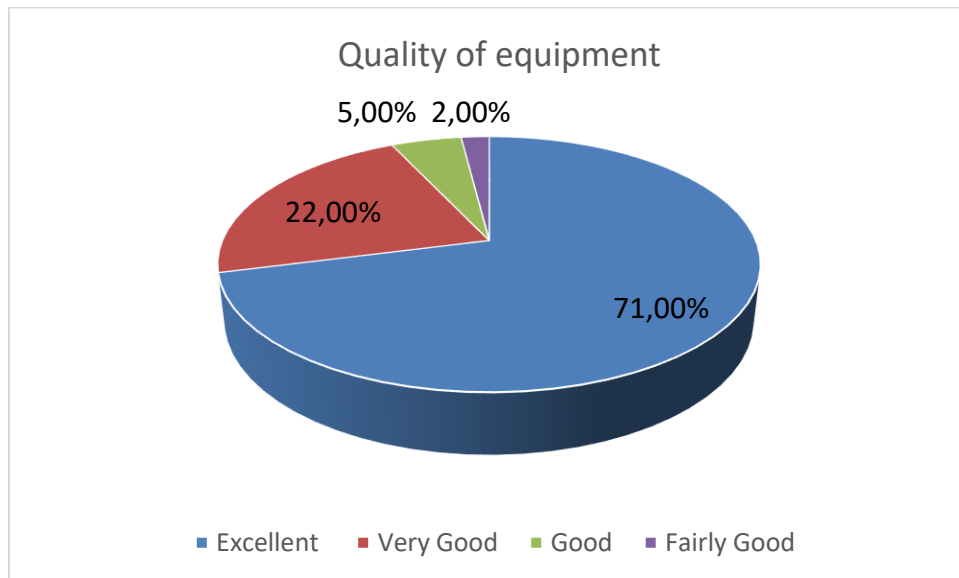
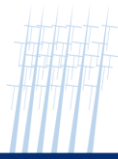
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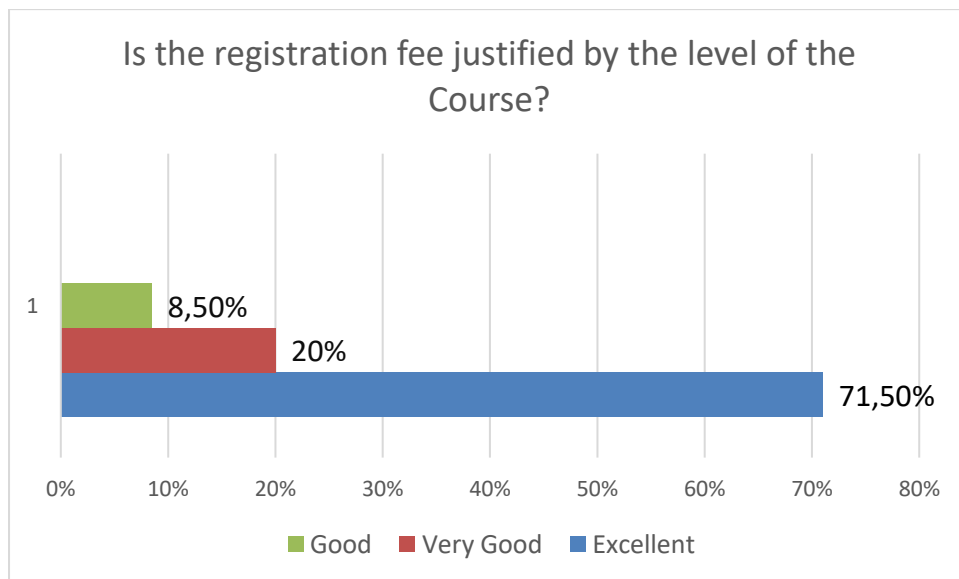
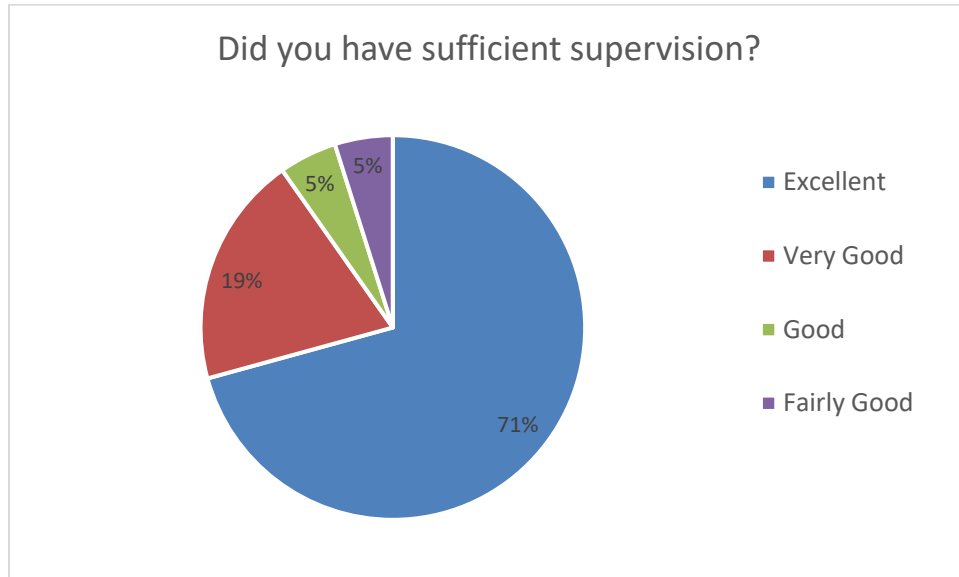
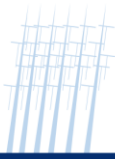
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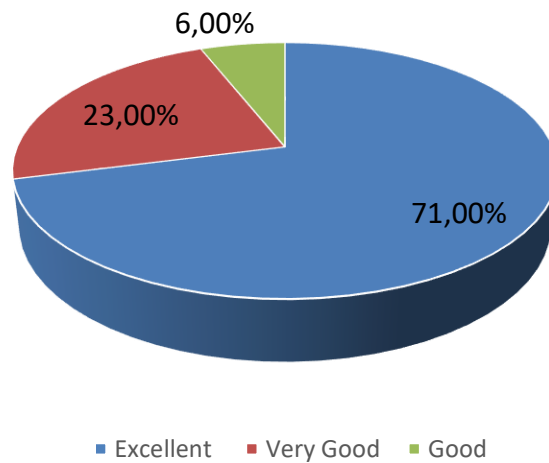
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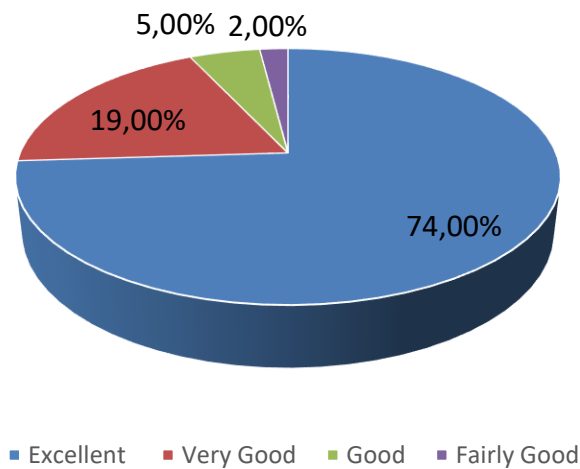
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Overall evaluation of the course



Course Venue



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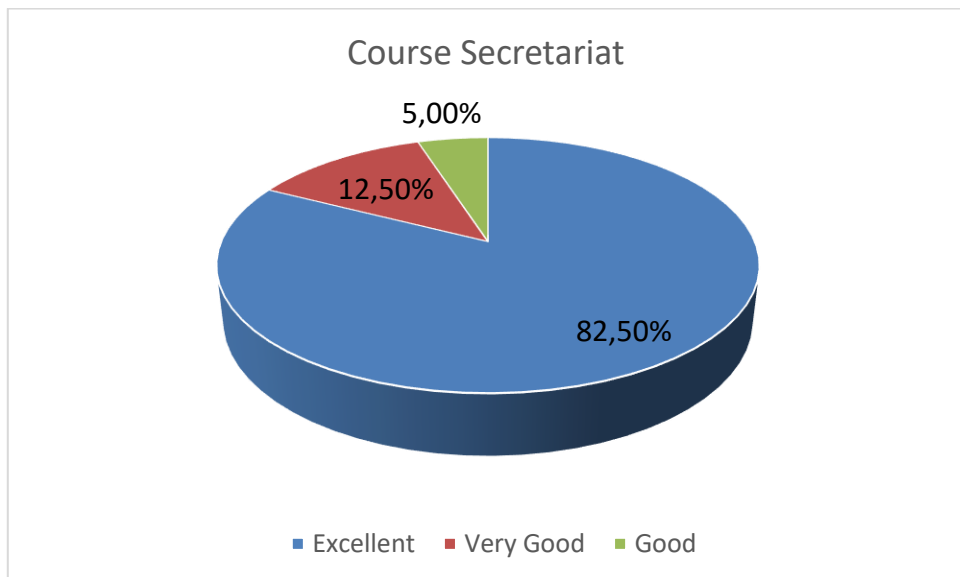
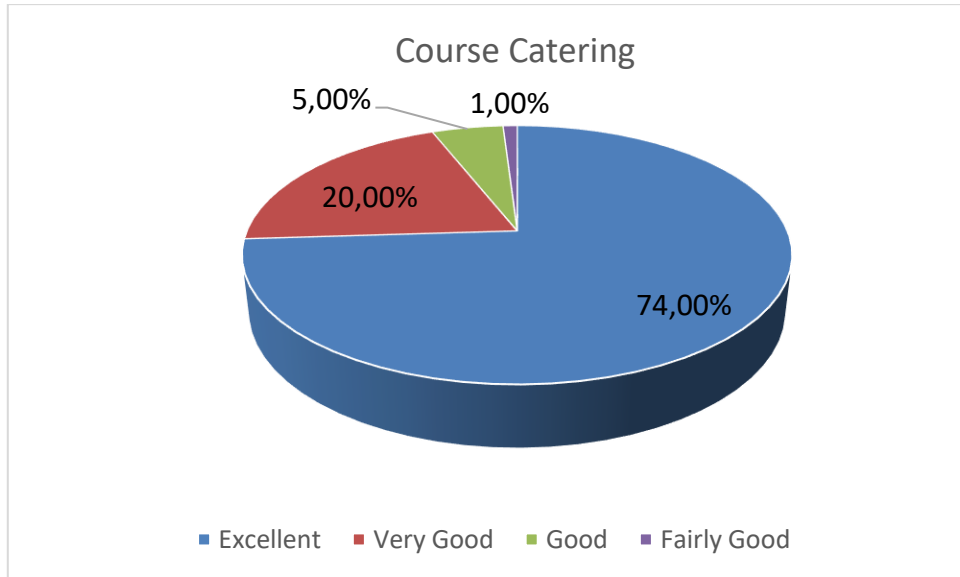
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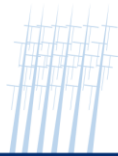




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### What was the best aspect of this event?

- Tutors were very good
- According to my opinion, two days course lectures on Rhinoplasty and cadaver course with supervision were the best aspect of the event.
- "Very good supervision during the cadaver dissection"
- Nice restaurants for the social evenings
- The dissection part
- "I participated in both parts and prefer the Rhinoplasty - in my opinion overall very good selection of speakers. Also the dissection part was a better than FESS."
- I also do appreciate the warm welcome and communication with Jannis Constantinidis (and others) - that is a very important moment. We also build a community together, after all.
- I am a young specialist with not so much experience yet and would happily return to the course a few years later with different eyes and learn different things.
- (Also, of course, must mention that catering was very good:).
- Thank you Jannis!"
- "How to manage the middle third after profileplasty J. Constantinidis"
- Revision Surgery, Finding your way without a Navigator!V. Papanikolaou"
- The best aspect of this event was the discussion of the same, or similar, topics from different faculty. This helped me gather different points of view and understand all of the aspects on a given topic, as well as consolidate the information learned.
- high level of seriousness and information
- Excellent Course
- presentations and faculty members
- Faculty members
- Cadaver Dissection
- Scientific program and faculty
- There was always at least 1 supervisor on each work station
- The presented scientific contents.
- meeting colleagues around the world
- Prof Constantinidis
- The venue setting, and the scientific level of the faculty.
- The fact that we all had someone to oversee our dissections
- The demonstration part during the dissection course.
- Excellent course. Basic to advanced experience catered for. No matter if very inexperienced or experienced surgeon will still gain a lot from the course.
- "Excellent speakers"

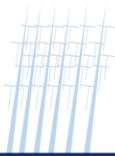
Qualitative Results / Thessaloniki Rhino Days / 03-06.05.2023



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- Well-presented topics
- "There's more than just one! But I stress upon the quality of the faculty and the supervision of dissections, the opportunity to accomplish a large variety of techniques hand-on, the availability of faculty whenever demanded and the international participation."
- As for which would be the best aspect of the event I dare say the high quality of the faculty."
- To gain experience
- Excellent presentations and good assistance from the supervisors in the practical part.
- FESS hands on
- Cadaver dissection course
- The best aspect was the cases presentations.
- The dissection, of course.
- Every aspect was amazing
- The cadaver program
- The disponibility of teachers to help in the dissection.
- This was a wonderful faculty, helpful, supportive and of highness professional standards. I really appreciated this high-level first hand expertise and also the support during preparation lessons.

### Would you apply for a similar course in the future?

- 30 people replied Yes
- 1 person replied Maybe

### Comments & suggestions

- I would like to express thanks to all members of Faculty for excellent presentations and useful clinical knowledge they provided.
- "I would schedule more dissection time for the FESS and reduce the amount of presentations
- For rhinoplasty one day was sufficient (would maybe suggest to do the preservation-demo more at the end of the day and to the 'basics' first, incorporate also the open approach)
- overall a great experience!
- All the best luck for Jannis, Theodore, Pavlos and all the team! You did a great job.
- More days with a little lighter program
- "top course

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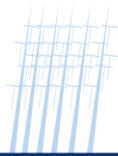
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- more cases presentation and discussions on them"
- more total days /less presentations per day
- perhaps the specimens would be in better condition if the F.E.S.S. practice was done prior to rhinoplasty practice
- Congratulations and best regards for all of you
- A dissection course for more traditional external approaches for sinus operations
- More time on Fess dissections, less time on theoretical part
- "I would prefer to get taught the classic functional rhinoplasty closed and open technique, rather than preservation rhinoplasty as it is advanced for a beginner.
- I would suggest more explanation about the various techniques to achieve various results such as rotation, projection, symmetry
- More practice in lab
- More time in the practical part maybe two days.
- "Quite a lot of topics covered. Skull-base OP lectures and dissection presentation was in my opinion unnecessary since the course was a FESS course. It was way above the level of most if not all of the participants and thus sort of a waste of time. More time should have been given for the ""basic"" to ""moderate"" level procedures.
- Otherwise great event, very happy to have attended.
- Thank you.
- I really enjoyed in this very useful course and in Thessaloniki - a lovely city. I would like to thanks all the member of RhinoDays 2023 for the organization of this course..
- Preparation for rhinoplasty may have benefited from 30° Endoscopy imaging as well

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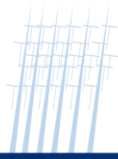
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*Thank you*

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